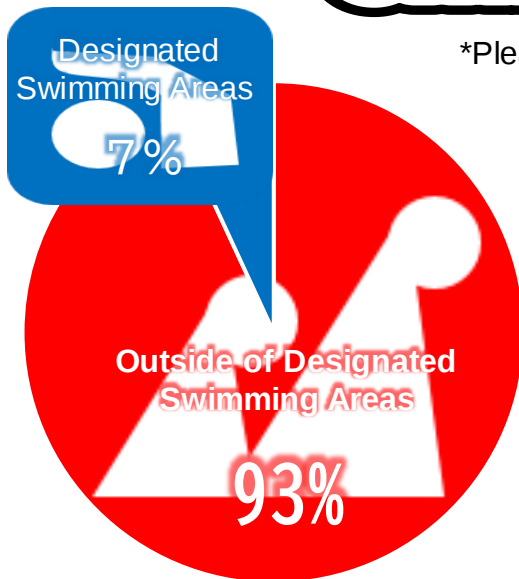


Marine Leisure Hazard Map

Only swim in **DESIGNATED SWIMMING AREAS**
DURING OPEN HOURS!

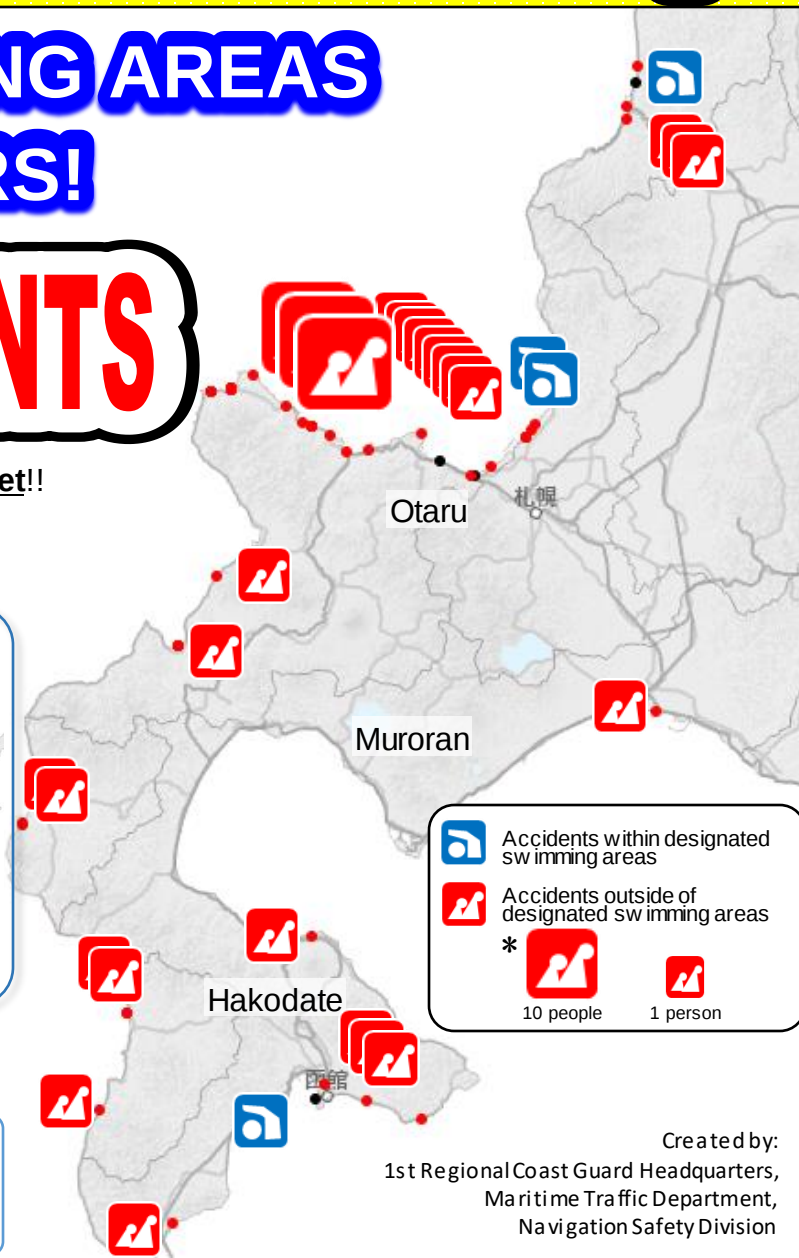
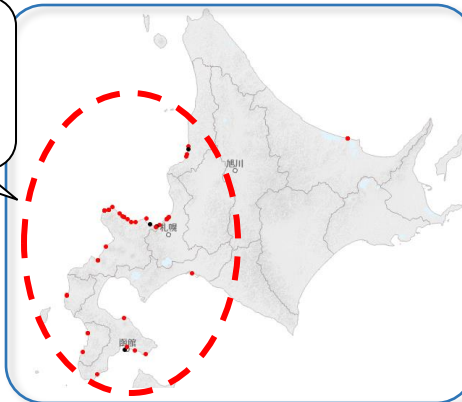
STOP **SWIMMING ACCIDENTS**

*Please make sure that small children wear a lifejacket!!



LOCATION OF ACCIDENTS

Mostly in
Central and
Southern
Hokkaido!



-  Accidents within designated swimming areas
-  Accidents outside of designated swimming areas
- *  10 people
-  1 person

1st Regional Coast Guard Headquarters, Hokkaido

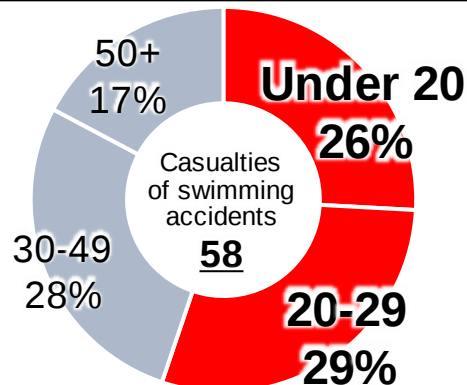


Created by:
1st Regional Coast Guard Headquarters,
Maritime Traffic Department,
Navigation Safety Division

HOW TO ENJOY THE OCEAN SAFELY

- ◆ **12 people have died** in Hokkaido in the last 5 years swimming in **non-designated areas**.
- ◆ **About 60%** of all accidents occur among **people in their 20s or younger**.

Swimming Accidents in Hokkaido
(Past 5 years by age group)



SAFETY PRECAUTIONS

- Avoid the water if there are high waves or strong winds
- Don't go in the water if you are feeling unwell
- Wear a lifejacket
- Don't swim alone
- Children should not swim alone

ADULTS SHOULD...

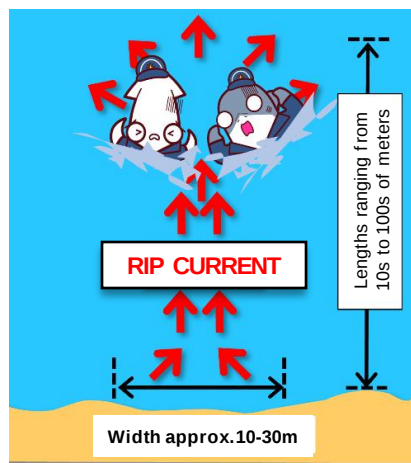
- NOT swim after drinking alcohol
- Keep an eye on children

Always swim in **DESIGNATED SWIMMING AREAS**!

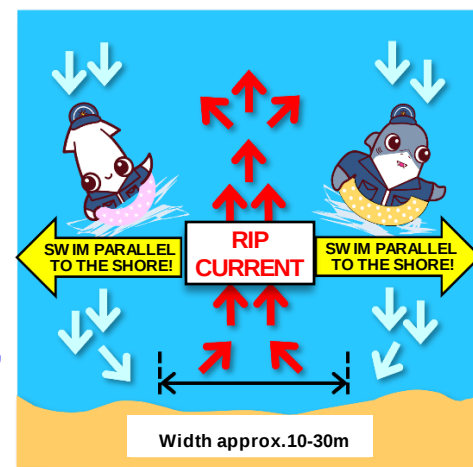
*Designated swimming areas: Officially managed and operated swimming areas
(except for outside the official open times and seasons)

- Lifeguards are on duty ⇒ **Rapid response to emergencies**
- Entry for jet skis and similar vessels is restricted ⇒ **No collisions with watercraft**

Beware of hidden dangers like RIP CURRENTS and DEEP WATER!!



If you get caught in a rip current, don't panic, and swim parallel to (alongside) the shore



First Regional Coast Guard Headquarters, Hokkaido



北海道

Information on
swimming areas



Categorized by Water Activity



[SWIMMING]